

Boy Scouts of America

Troop **804**

Millersville, Maryland

www.troop804.com

Personal Camping Gear Checklist

Always Bring

<input type="checkbox"/> Scout Handbook	<input type="checkbox"/> Rain jacket or rain poncho
<input type="checkbox"/> Water bottle	<input type="checkbox"/> Personal toiletries (soap, hand towel, hand sanitizer, handkerchief, lip balm, comb, deodorant, etc.)
<input type="checkbox"/> Mess kit	<input type="checkbox"/> Toothbrush & toothpaste (mandatory – will be used!)
<input type="checkbox"/> Eating utensils (fork, knife, spoon)	<input type="checkbox"/> Note pad and pen/pencil
<input type="checkbox"/> Drinking cup (often in mess kit)	<input type="checkbox"/> Weather appropriate clothing (see below)
<input type="checkbox"/> Flashlight or headlamp (with extra batteries)	<input type="checkbox"/> Pocketknife (no sheath knives)
<input type="checkbox"/> Sleeping bag (rated to expected temp minus 10)	<input type="checkbox"/> Backpack (or duffel bag) to transport gear
<input type="checkbox"/> Sleeping pad (foam pad or air pad)	<input type="checkbox"/> Garbage bags (for storage and/or keeping things dry)
<input type="checkbox"/> Toilet paper in Ziploc bag (just in case)	<input type="checkbox"/> Hiking boots or other rough soled shoes (must be closed)
<input type="checkbox"/> Class A Uniform (Scouts travel in class A uniform)	
<input type="checkbox"/> Prepare for colder than expected; it can get cool at night	

Optional Items

<input type="checkbox"/> Camping pillow	<input type="checkbox"/> Baseball cap / sunglasses
<input type="checkbox"/> Sunscreen (non-aerosol)	<input type="checkbox"/> Mirror
<input type="checkbox"/> Bug spray (non-aerosol)	<input type="checkbox"/> Camp stool
<input type="checkbox"/> Compass / whistle	<input type="checkbox"/> Gloves

Prohibited Items – Do not Bring

<input type="checkbox"/> Aerosols	<input type="checkbox"/> Food / candy / snacks (except as directed)
<input type="checkbox"/> Fire accelerants (lighter fluid, gasoline, kerosene, etc.)	<input type="checkbox"/> Electronics – games, music players, video devices, etc.

Other

<input type="checkbox"/> All items should be labeled with name	<input type="checkbox"/> Always have separate sleeping clothes
<input type="checkbox"/> <u>Always</u> at least 1 sweatshirt and 1 pair of long pants	<input type="checkbox"/> Always have extra socks and underwear
<input type="checkbox"/> Closed shoes required; boots recommended	

Colder Weather

<input type="checkbox"/> Keeping dry is key! Extra clothes in case things get wet!	<input type="checkbox"/> Low-temp sleeping bag (rated to 0 degrees* if possible)
<input type="checkbox"/> Think layers, especially for colder weather	<input type="checkbox"/> Or, layer a 2 nd bag or quilt over the sleeping bag**
<input type="checkbox"/> Avoid cotton – best is polypropylene, wool, nylon, etc.	<input type="checkbox"/> Upgrade sleeping pad (ie. 2 foam pads, insulated air pad)
<input type="checkbox"/> Knit hat, something to cover ears and neck	<input type="checkbox"/> Dedicated knit hat, sweatpants & sweatshirt for sleeping
<input type="checkbox"/> Very warm winter coat	<input type="checkbox"/> Mid-layer (fleece, wool) x1 or x2
<input type="checkbox"/> Base layers x3	<input type="checkbox"/> Under jacket (ie. thin puffy coat, vest) (optional)
<input type="checkbox"/> Cold-weather gloves (ie. not thin)	<input type="checkbox"/> Long pants x2 or x3
<input type="checkbox"/> Thick socks (wool is best) x3	<input type="checkbox"/> Hand-warmers (optional)
<input type="checkbox"/> Long underwear (polypropylene, wool, etc.) x2	

* Sleeping bag ratings are very variable and usually assume the sleeper is wearing long (and dry) clothing and is using a good pad underneath; a general rule of thumb is to expect comfort down to about 10-15 degrees above the bag rating

** this is a great way to go, works quite well, easier to prevent overheating; cheap fleece bags (\$15) from Walmart or Dick's are a great way to improve warmth but for very cold nights, even better might be a cheap rectangular "35 degree" bag (Walmart sells for \$18) which can be a double bag or unzipped into a giant comforter.